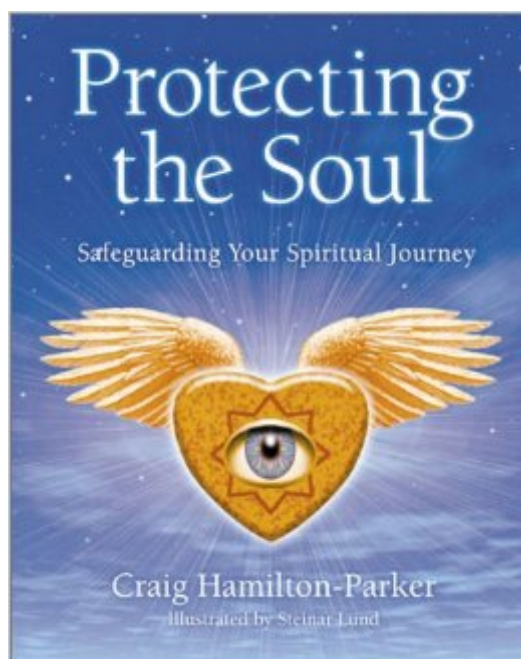


The book was found

# Protecting The Soul: Safeguarding Your Spiritual Journey



## Synopsis

The soul is the core of our being, the seat of our innate knowledge, the source of our conscience. It moves us forward on our cosmic journey over many lives. But negative influences always lie in wait, ready to attack--influences that can inhibit our spiritual progress. Perhaps you have felt vulnerable for no apparent reason, or you feel a strong, unpleasant "gut reaction" to someone; it might be the result of unpleasant mental energies sent by others. Deflect these destructive vibrations and protect your soul with the wise advice of an expert on dreams, intuition, and other psychic phenomena. Through brilliant and expressive images, you'll see clearly the colorful energy fields given off by auras, chakras, and even places. Then start sharpening your telepathic powers to heighten your awareness of danger as well as the brain's alpha wave patterns (which act as spiritual armor against anger and depression). Shield yourself from curses, jinxes, and the "evil eye," with amulets, totems, and protective spells. Meditation, eliminating fearfulness, having faith in yourself-with these and a variety of other strategies, you'll stay safe from psychic harm!

## Book Information

Paperback: 144 pages

Publisher: Sterling (April 1, 2003)

Language: English

ISBN-10: 0806987197

ISBN-13: 978-0806987194

Product Dimensions: 9.2 x 7.6 x 0.4 inches

Shipping Weight: 15.7 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (1 customer review)

Best Sellers Rank: #1,668,499 in Books (See Top 100 in Books) #374 inÂ Books > Religion & Spirituality > New Age & Spirituality > Self-Help #2728 inÂ Books > Religion & Spirituality > New Age & Spirituality > Spiritualism #18523 inÂ Books > Religion & Spirituality > Occult & Paranormal

## Customer Reviews

The author who is a medium from the U.K. breaks down in detail why we need psychic protection in everyday life, and gives the reader practical ways to do that. He explains how shiny and bright an aura can become through spiritual practice only to be drained away in unfortunate circumstances. Absolutely the best book of this sort.

[Download to continue reading...](#)

Protecting the Soul: Safeguarding Your Spiritual Journey Soul Mates & Twin Flames: Discover a Timeless Love, Fulfill Your Soul's Purpose, and Experience a Higher Level of Love (Soul Mates, Twin Flames, Karmic ... Spirits, Endless Love, Spiritual Partner) Dignity for All: Safeguarding LGBT Students Advanced Advantage Play: Beating and Safeguarding Modern Casino Table Games, Side Bets and Promotions Recording Skills in Safeguarding Adults: Best Practice and Evidential Requirements Echoes of the Soul: The Soul's Journey Beyond the Light - Through Life, Death, and Life After Death Sacred Rhythms Participant's Guide: Spiritual Practices that Nourish Your Soul and Transform Your Life Chicken Soup for the Fisherman's Soul: Fish Tales to Hook Your Spirit and Snag Your Funny Bone (Chicken Soup for Soul) Chicken Soup for the Fisherman's Soul: Fish Tales to Hook Your Spirit and Snag Your Funny Bone (Chicken Soup for the Soul) The Portable Lawyer for Mental Health Professionals: An A-Z Guide to Protecting Your Clients, Your Practice, and Yourself The Best of Soul Food - Recipes To Warm Your Heart & Soul The Tao of Happiness: Stories from Chuang Tzu for Your Spiritual Journey Chakras: Chakras for Beginners, Learn to Balance Your Chakras, Heal Yourself and Attain Inner Peace (Spiritual Journey Book 3) Warriors Arise!: Spiritual Life - Spiritual Maturity - Spiritual Warfare Meditation within Eternity: The Modern Mystics Guide to Gaining Unlimited Spiritual Energy, Accessing Higher Consciousness and Meditation Techniques for Spiritual Growth BUDDHISM: Buddhism for Beginners: A Practical Guide to Spiritual Enlightenment (buddhism for beginners, zen, chakras, reiki, energy healing, spiritual awakening, mindfulness) BUDDHISM: 50 Buddhist Teachings For Happiness, Spiritual Healing, And Enlightenment (Buddhism For Beginners, New Age Meditation, Dalai Lama, Zen Buddhism, Spiritual Guide, Stress Free, Dharma) Sufi Symbolism: The Narbakhsh Encyclopedia of Sufi Terminology, Vol. IX: Spiritual Faculties, Spiritual Organs, Knowledge, Gnosis, Wisdom and Perfection Mudhouse Sabbath: An Invitation to a Life of Spiritual Discipline: An Invitation to a Life of Spiritual Disciplines (Pocket Classics) Third Eye: Third Eye, Mind Power, Intuition & Psychic Awareness: Spiritual Enlightenment (3rd Eye, Spiritual Awakening, Psychic Abilities, Mediumship, Pineal Gland)

[Dmca](#)